



Sick Child Policy

Creative Stars Day Nursery is committed to promoting children's health and to encourage and maintain a safe healthy environment. Safeguarding children is our first and most important priority, and so, every effort will be made to safeguard the children, parents and staff within the setting. Parents and carers are asked to provide a change of clothes for the event of an accident. The nursery also has a range of spare clothes available onsite. We work with London South Health Protection Team and Lewisham Council in the event of local outbreaks.

Sick on Arrival Parents and carers are asked to acknowledge when their child is unwell and not to send a child to nursery if they are unwell. If your child has been given any medication, it is vital that you let us know this on arrival. If it is thought that your child is unwell and would, for example, spike a fever without Calpol given, they may be denied entry to nursery. If your child comes to nursery with a temperature, they will be denied entry.

Developing an illness throughout the day Should your child become ill in the setting, for example, with fever, vomiting, diarrhoea, lethargic, eye infections or rash of some description, it is in the best interest of the child, that the parent or carer be called and asked to arrange that their child be collected as soon as possible. This will allow the child to receive medical help if necessary, or to be cared and comforted in their own home and to reduce or limit any further spread of possible infection.

Parents and carers are asked to understand our concern for the child and not to expect the nursery to put the other children at risk of any possible infection. In the case of diarrhoea and vomiting, we expect the child to be kept at home for at least 48 hours after the last episode, to ensure it has completely cleared.

Where a child does become unwell, the child will be made to feel as comfortable as possible until the parent or carer arrives to collect the child.

If a parent or carer is asked to come and collect their child in line with the sick child policy, it will be recorded in the communication book.

Equally, if a child is absent because of sickness, this will too be recorded in the communication book.

We ask parents to come as soon as possible, within an hour.

Staff Expectations and Development Staff are committed to maintaining a routine of good hand washing and support children to do the same. They further have an established routine of cleanliness and good hygiene practice in the nursery, including sterilisation of all furniture and toys when a childhood illness or disease is contracted. Staff are provided with regular Paediatric First Aid Training, Food and Hygiene, Health and Safety, Infection prevention and control, Safeguarding and EYFS training. We have designated first aid leads based in both rooms and first aid boxes available in and outdoors in case of any accidents. The sick child will be cared for in a sensitive and professional manner until collection.

Seeking Medical Attention If your child is sent home unwell, we encourage you to seek medical advice to find out what is wrong as the staff at Creative Stars are not medical professionals. We do, however, see many childhood illnesses and are aware of many of the signs and symptoms to be aware of.

If your child has what appears to be an infectious illness, the expectation of parents and/or carers is to seek medical attention from your local GP to clarify what is wrong. You may further be asked to provide a statement from your local GP if symptoms of an infectious illness or disease are apparent and the diagnosis differs from the symptoms. This is to safeguard all children, staff and parents; and to eliminate the spread of infection.



Emergency treatment and medicine administration: The nursery will call for medical assistance and the parent will be notified when emergency treatment and or medicine is needed. If we cannot get in contact with any parent, we will contact an emergency contact as stated in the child's file. It is important that all contact details are kept up to date and that emergency contacts are updated.

If a child develops a fever and the parents have signed a waiver in the parent agreement form to administer Calpol, the Manager will administer Calpol. This is in an emergency only and will not be done unless in emergency situations.

Longer term needs: Where a child has a long-term medical need which may require specialist intervention, a written Care risk assessment will be prepared by the Managing Director. In this case, nursery staff will assist with medicines if this is in the care plan (this includes Epi Pens which can be administered by any trained or competent person). It is the parent/carer's responsibility to ensure the accuracy of any care plan, and to ensure that appropriate medication is supplied to the nursery and kept up to date.

This policy was reviewed on: 26.07.26

Date of next review: 26.07.27