

Creative Stars Day Nursery

Menu 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Lunch: Spaghetti & Meatballs with salad & garlic bread Alt' Lunch: Falafel with pasta, salad & garlic bread Dessert: Apple Crumble Tea: Chicken & cheese rolls	Lunch: Sweet & Sour Chicken with egg fried rice & vegetables Alt' Lunch: Sweet & sour veg with rice & stir-fried vegetables Dessert: Fromage Frais Tea: Crumpets	Lunch: Fried fish with basmati rice & steamed vegetables Alt' Lunch: Fried Mushrooms with mixed beans, rice & steamed vegetables Dessert: Berry Strudel Tea: Fried Dumplings	Lunch: Beef curry with rice, vegetables & salad Alt' Lunch: Vegetable curry with rice, vegetables & salad Dessert: Cherry Bakewell's: Tea: Scones	Lunch: Garlic & honey glazed salmon with baby potatoes & salad Alt' Lunch: Ratatouille with baby potatoes & salad Dessert: Jam Tarts Tea: Teacakes
Week 2	Lunch: Grilled Sea Bass with smashed potatoes, dough balls & salad Alt' Lunch: N/A Dessert: Apple Pie Tea: Pizza	Lunch: Chicken tikka masala with pilau rice & naan Bread Alt' Lunch: Vegetable tikka masala with pilau rice & sag aloo Dessert: Natural Yoghurt Tea: Jamaican Bun	Lunch: Spaghetti bolognese with salad & vegetables Alt' Lunch: Quorn Bolognese with salad & vegetables Dessert: Fairy Cakes Tea: Ciabatta Rolls	Lunch: Chicken curry with rice 'n' peas, vegetables & coleslaw Alt' Lunch: Vegetable curry with rice & peas & steamed vegetables Dessert: Fromage Frais Tea: Chicken & cheese Paninis	Sausage & mash with onion gravy & salad Alt' Lunch: Quorn sausage & mash with onion gravy & salad Dessert: Apple & Berry Pie Tea: Pittas
Week 3	Lunch: Lasagne with garlic bread & rosemary potatoes Alt' Lunch: Vegetable Lasagne with garlic bread & potatoes Dessert: Apple Strudel Tea: Samosas	Lunch: Roast chicken with Yorkshire puddings, roast potatoes & rice Alt' Lunch: Roast cod with Yorkshire puddings, roast potatoes & rice Dessert: Lemon Sorbet Tea: Fried Dumplings	Lunch: Cottage Pie with baked beans, salad & garlic bread Alt' Lunch: Fish Pie with baked beans, salad & garlic bread Dessert: Chocolate Roll Tea: Vegetable bao buns	Lunch: Chana Dahl with sag aloo and basmati rice Alt' Lunch: Roasted aubergine with rice & vegetables Dessert: Blueberry Muffins Tea: Spring Rolls	Lunch: Fish & Chips with mushy peas, beans & salad Alt' Lunch: Shroomdogs & chips with mushy peas & salad Dessert: Sprinkle School Cake Tea: Sandwiches
Week 4	Lunch: Chicken and mushroom carbonara with garlic bread & veg Alt' Lunch: Broccoli and mushroom carbonara with flatbread & veg Dessert: Strawberry Trifle Tea: Chicken & cheese Wraps	Lunch: Shepherd's Pie with baked beans, salad & garlic bread Alt' Lunch: Quorn Pie with baked beans, salad & garlic bread Dessert: Rice Pudding Tea: Vegan Sausage Rolls	Lunch: Chicken chow mien with stir fried vegetables Alt' Lunch: Vegetable Chow Mein Dessert: Ice Cream Tea: Jacket Potatoes with beans / cheese	Lunch: Grilled fish with linguine and steamed vegetables Alt' Lunch: Linguine with vegetables & salad Dessert: Flapjacks Tea: Crumpets	Lunch: Brown stew chicken with basmati rice & vegetables Alt' Lunch: Stew Peas with basmati rice & vegetables Dessert: Swiss Roll Tea: Bagels

