



Health and Safety Policy

“Children have the right to be as healthy as possible, live and play in a safe healthy unpolluted environment and benefit from preventive health care and education.”

(Article 24 UN Convention on the Rights of the Child)

It is Creative Stars intent to provide children with a healthy, safe and stimulating environment to learn and play. If good health habits are developed early in life, they are likely to be continued throughout life. It is our intention to promote healthy eating habits, social skills and healthy snacks.

Children with special dietary needs will be catered for.

Creative Stars Day Nursery has a no smoking policy which can be used in conjunction with this policy.

Safety Precautions: The main entrance to the building is always locked. Fire Drills are carried out once every two months. (See fire Evacuation Procedures.) Fire equipment is checked and serviced frequently. All staff have regular training with the correct procedures in the event of an emergency occurring and have Paediatric First Aid Training. There are 7 qualified first aiders working within the nursery.

All staff must comply with COSHH government regulations and wear recommended disposable vinyl gloves as a necessary part of our policy when changing a child. They also have PPE such as disposable aprons which are worn during nappy changing and food serving.

Outdoor Safety: All outdoor areas will be checked and cleaned before the children use them. Parents/Carers must inform the manager beforehand if someone other than the authorized person is coming to collect a child and they must have been able to state a password when collecting. We also request a photo of the person.

On outings and trips staff must maintain frequent head counts and brief children to stay with the group. Staff must work to a KEY PERSON SYSTEM A mobile phone must be taken on all outings. All children on outings/trips must wear tabards with the nursery contact details on them

Within the Setting: The activities on offer will meet the needs of the group, providing the children with challenge and the opportunity for success. The rooms will be bright, cheerful and well ventilated, providing a safe stimulating environment. Equipment and materials will be accessible and within all children's reach, including children with special needs.

All tabletop toys, play equipment and soft furnishings will be washed regularly. Dressing up clothes, blankets and aprons will be washed regularly. Children will be encouraged to respect their environment and the equipment provided. Children helping to tidy away at the end of the session can promote this skill.

Staff and children will wear suitable clothing and footwear. Staff wear a uniform. Parents are requested to refrain from having children wear hoop earrings, chains and expensive jewellery when in the setting.

Regular health and safety checks will be completed to ensure the setting is fit for purpose.

Kitchen: The kitchen area and work surfaces will be kept clean and wiped daily frequently with disinfectant. The fridge should be kept at the required temperature and foods stored separately to prevent cross contamination. Fridge and freezer temperature checks are done daily, and food is probed to check the temperature. Foods are expected to reach at least 80 oc. Probes are monitored each month.



All members of staff preparing food will have sufficient training within the area.

Hygiene: Staff must use good frequent hand washing techniques and encourage children to wash their own hands especially after using the toilet and before eating. Disposable paper hand towels are provided.

Attendance of Sick Children: The Sick Child Policy and Guidance on the recommended period to be kept away from the childcare is available from CCDC on infection control in nurseries; with reference to children with transmittable disease returning to nursery. If there is an outbreak of an infection that is contagious all parents/carers will be informed, and the necessary precautions taken.

Organisations:

All staff in Creative Stars Day Nursery have regular Paediatric First Aid Training. There is a designated First Aid Person assigned to each room. All accidents and incidents are recorded promptly and reported to the Managing Director. All accidents must be given immediate First Aid and reported to the Managing Director.

Reports must be completed on the accident forms and parents informed and signed.

This policy was reviewed on: 25.07.26

Date of next review: 25.07.27